
ABIGAYLE WOLSKI

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Education

Rutgers University: Mason Gross School of the Arts, New Brunswick, NJ
Master's Degree in Dance Education
Anticipated Teacher of Dance, K-12 Certificate
Cumulative GPA: 4.0
Honors: Dean's List

Anticipated May 2021

Rutgers University: Mason Gross School of the Arts, New Brunswick, NJ
Bachelor of Fine Arts Degree in Dance Performance: Summa Cum Laude
Cumulative GPA: 3.87
Honors: Dean's List, National Honor Society for Dance Arts

May 2020

Middlesex County Vocational and Technical School of the Arts: East Brunswick, NJ
Concentration in Dance
Program directed by Cleo Mack
Honors: National Honor Society for Dance Arts

May 2016

Certifications

K-12 Dance Teaching Certificate of Eligibility with Advanced Standing
New Jersey State Teaching License

Anticipated May 2021

Animal Flow Certification

Anticipated July 2021

HIB (Harassment, Intimidation, Bullying) Certification

July 2020

200hr Vinyasa Yoga Certification

July 2018

Health & Safety Certification

Concussion Wise

2016-Present

PK-12 Teaching Experience

Columbia High School: Maplewood, NJ

February-December 2020

Full-time Clinical Teaching Internship (600+ hours)

- Frank Sanchez, Principal of Columbia High School
- Kandice Point-Du-Jour, Cooperating Teacher
- Responsibilities included: teaching all coursework, weekly faculty meetings, professional development workshops, creating all lesson plans and materials, assessing students, submitting grades on Canvas, sending announcements through canvas, emailing students, embedding assignments, and classroom tools on canvas

Franklin Middle School

September-December 2020

Part-time Student Practicum (50+ hours)

- Nicholas Solomon, Principal of Franklin Middle School

- Aaron Ramos, Cooperating Teacher
- Observed for the purpose of experiencing pedagogical methods in a middle school setting

Rutgers University Dance Works

February-March 2019

Touring Company Instructor

- Co-created a master class with other dance educators to teach vocational and public school across New Jersey

Private Sector/ Recreational Teaching Experience

Old Bridge School of Dance, Matawan, NJ

June 2020-Present

Dance Instructor

- Teaching lyrical, jazz, and technique dance classes to students ages 9-16
- Teaches yoga warm-ups to ensure bodies are prepared for activity

Washington Rock Dance

January 2019-September 2019

Substitute Teacher, Administration Assistance

- A dance substitute teacher for students ages 5-7
- Front desk receptionist

Dance Italia

August 2018

Guest Yoga Instructor

- Taught a Vinyasa yoga class for a dance workshop located in Lucca, Italy

Ma Yong Performing Arts School

December 2017

Substitute Dance Teacher

- Instructed a Jazz class for student ages 8-10

Old Bridge Recreation Center

October 2015- June 2016

Dance Instructor

- Dance instructor for ages 5-16
- Taught Ballet, Jazz, Tap, and Hip Hop

Icon Dance Complex

September-December 2012

Dance Assistant

- Assisted an Acrobat class ages 9-12

Choreographic Experience

antagonist, New Brunswick, NJ

November 2019

Choreographer, Performer, & Costume Designer

BFA Senior Solo/Duet Concert, Loree Dance Theatre

Çfarë, New Brunswick, NJ

March 2019

Choreographer, Costume, & Lightening Designer

BFA Spring Dance Concert, Loree Dance Theatre

Select Performance Experience

Freedom of Information, New Brunswick, NJ

April 2019

Choreographed by Bill T. Jones in collaboration with Arnie Zane

DancePlus Spring, Victoria J. Mastrobuono Theatre

Stricken, Choreographed by Francisca Quintanilla

April 2019

Senior Dance Concert, Victoria J. Mastrobuono Theatre, New Brunswick, NJ

Whats Mine is Yours, Even Though I Made It, Choreographed by Alexandra Beller
Where we have you been, Choreographed by Ani Javian
DancePlus Fall, Victoria J. Mastrobuono Theatre, New Brunswick, NJ

December 2018

Fracture of Light, Choreographed by Yin Yue
University Dance Works, high schools in the tri-state area

January-April 2018

But the Sun is Eclipsed, Choreographed by Erin Ambry
Spring Dance Concert, Loree Dance Theatre New Brunswick, NJ

March 2018

Milagros en la Vida, choreographed by Francisca Quintanilla
The American College Dance Association, Montclair State University, NJ

March 2018

You may have the Temple, but just give Us back the ocean, choreographed by Jacqueline Priore
Baliar al Sol, House of Independence, Asbury Park

August 2017

444, Choreographed by Randy James
DancePlus Spring, Victoria J. Mastrobuono Theatre

April 2017

Moonlight Santa, Choreographed by Randy James
DancePlus Fall, Victoria J. Mastrobuono Theatre

December 2016

Production/Technical Experience

Loree Theatre, New Brunswick, NJ, Spring Dance Concert,
Lightening Designer

April 2019

Joyce Dance Theatre, NY, Rutgers DancePlus Fall Concert
Assistance Costume designer to Cleo Mack

December 2018

BAM Theatre, Brooklyn, NJ
Assistant for Production Manager
10Hairy Legs, Director: Randy James

June 2017

Professional Development/Memberships

National Dance Education Organization (NDEO)
Dance NJ

Service

Volunteer at the New Jersey High School Dance Festival

Anticipated March 2021

- Virtual Experience through Rutgers University

Volunteer and Performer at Pre-College Dance Experience

Fall 2019-Fall 2020

Mason Gross School of the Arts, Rutgers University

The Dance Specific Fitness Test (DAFT)

November 2018

Assisted License Athletic Trainer

- Assisted to develop and provide educational workshops for high school educators to increase knowledge and prevention in areas of warm up, cool down, nutrition, and stress management

Dance and Parkinson's Moving Forward

May 2017-June 2017

Dance Assistance

- Assisted a dance class that focused on people suffering from Parkinson's Disease
- Providing a comfortable and positive environment

Honors/Awards

- National Honor Society for Dance Arts Inductee

Fall 2019

Performance-Based Training Workshops

Dance Italia, Lucca, Italy

July 2018

- Attendee of 3-week movement workshop
- Trained in Modern and Improvisation
- Learned repertory pieces choreographed by Ohad Naharin & Crystal Pite

New York University's Future Dancer and Dance Makers Program

January-February 2015

- Attendee of 14-week workshop training at NYU's Tisch School of the Arts
- Training in Ballet, Modern, and Composition

Teaching Competencies

- Modern
- Ballet
- Choreography
- Improvisation
- Contemporary
- Lyrical
- Jazz
- Hip-Hop

References

Arvin Arjona, BA, MA

Special Education Dance Educator at Millburn High School, Co-Adjutant instructor at Rutgers University

Email: arvin.arjona@millburn.org

Kandice Point-Du-Jour, BFA

Dance Educator, Columbia High School

Email: kpointdu@somsd.k12.nj.us

Hollie Palmisano, MS, LAT, ATC,

Licensed Athletic Trainer/ Co-Adjutant instructor at Rutgers University

Email: hollie.palmisano@rutgers.edu